

Quaboag Hills Substance Use Alliance

Our mission is to work collaboratively to prevent and reduce substance misuse, especially among youth; to break down stigma associated with substance use disorder; to reduce health problems resulting from substance use disorder; to contribute to community efforts to expand access to treatment services, and to value all pathways to recovery.

Monthly Meeting: Monday, September 11, 2023 9:00 am to 10:30 am Meeting held via Zoom

<u>Agenda</u>

A. Welcome, Introductions, Zoom "etiquette", Welcome to our new members!

B. Update on Alliance's 2023-2024 Action Plan

- **C. Presentation 'Data Bites':** some highlights from the 2023 Youth Health Survey; future plans for sharing data at each monthly meeting from the youth, parent, and community surveys
- **D. Presentation & Discussion:** Alliance co-leading the Community Health Improvement Plan (CHIP) Working Group on Mental Health?

E. Updates on Alliance & Community Partner Activities

- Outcome of application to the Substance Abuse and Mental Health Services Administration (SAMHSA) for a Mental Health Awareness Training grant
- Monson Substance Use Community Partnership (MSUCP) Drug Free Communities grant
- Hiring of QHSUA Drug Free Communities Program Director
- Montana Institute training series; Positive Community Norms Approach to Public Health
- Statewide Community Health Equity Survey (renamed version of COVID survey version 2.0); please share widely with your agency and program participants; aiming to significantly boost local participation from original 2020 survey
- QHSUA application to the Addiction Policy Forum's Anti-Stigma Initiative

F. Update from Recovery Center of Hope (RCH) in Ware; September is Recovery Month

G. Update from the National Institute of Health's Helping to End Addiction Long-term (HEALing) Communities Study; Ware & Belchertown are in Wave 2 of the Study through December 2023

H. Call to Action Requests

- Authors for Ware River News/Turley Publications articles each month
- Outreach to/invitations to join us from community members in Palmer, Monson, Brimfield, Holland, and Wales, especially around Narcan trainings
- Volunteers for community outreach and tabling events

G. Brief updates from local services & programs

Next QHSUA monthly meeting would be October 9th, but that is a holiday, so when to meet?

QHSUA works with the towns of Barre; Belchertown; Brimfield; Brookfield; East Brookfield; Hardwick; Holland; Hubbardston; Monson; New Braintree; North Brookfield; Oakham; Palmer; Spencer; Wales; Ware; Warren; and West Brookfield.